

Semester I	16 Credit Hours	UA Equivalent	Semester II	17 Credit Hours
SDEV101: Introduction to the LCCC Community	1	GN EL	EXER400: Musculoskeletal Anatomy Upper Extremity	3
ENGL 161: College Composition I	3	ENGL111: English Composition GNED Writing	EXER 403: Exercise Testing	3
HLED: 156 Health & Wellness	2	EXER150: Concepts of Health and Fitness	EXER 449: Org & Admin for Health Care Professionals	3
HPED 165: Intro to Exercise Science	3	EXER125: Introduction to Exercise Science	SPR453: Principles of C f	372.96 359.64 0.48 24.4

CMMC 151: Oral Communications	3	BIOL200: Human Anatomy and Physiology I BIOL201: Human Anatomy and Physiology I Lab GNED Natural Science COMM106: Effective Oral	EXER404: Exercise Prescription	3
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HPED 272: Exercise Physiology	3	Elective		
HPED 275: Kinesiology	3	EXER201: Kinesiology		
PEWL 151: Stress Management	1	HEDU202 Stress Management		
PEFT/PEWL Elective	1			

PHY165 Bioethics 3

